

## Return to Play Protocol

*It is recommended that any student who sustains, or is suspected of having sustained a concussion must have **a mandatory rest period of two weeks** before starting a gradual return to play.*

*The graduated return to play (GRTP) of a student following a concussion should be undertaken on an individual basis with the full cooperation of the student and his parents/guardians and should be in line with the recommendations of the relevant sporting body .*

**Students** may not return to play until:

- ✓ *The mandatory 2 week rest period has been completed*
- ✓ *All their symptoms have subsided*
- ✓ *They have been medically cleared to return using established medical protocols. The treating physician must also provide a written statement indicating, in the physician's professional judgement , that it is safe for the student to return to play*
- ✓ *They have followed the GRTP protocol in line with the recommendations of the relevant sporting body*

The School Principal will be responsible for the implementation of the **Return to Play Policy** for all students returning from a concussion injury.

All concussion related incidents (sporting and non-sporting) should be noted in the school incident/accident report folder.

This policy will be revised as needed and reviewed on a regular basis by the Board of Management.